

The Ultimate List of Personal Values

What's most significance for you?

The answer to this question is shaped by your personal values. Our fundamental principles showcase our beliefs and serve as a compass for our behaviors, decisions, and action.

By identifying and acknowledging our values, we are able to align our lives accordingly. This alignment paves the way for a sense of fulfillment. On the contrary, when our values remain elusive, we inadvertently compromise them on a daily basis. This internal discord generates tension, which in turn triggers destructive habits and regressive behavior.

How to Determine Your Personal Values?

“Values are not simply chosen; they are unearthed.

Our values do not result from a conscious selection process. Instead, they emerge through deliberate introspection, self-analysis, and a quest for understanding.”

To assist you in identifying and contemplating your own values, a list is available below.

A List of Over 270 Personal Core Values

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|----------------|---------------|-------------------------|
| Abundance | Charm | Discovery |
| Acceptance | Cleanliness | Discretion |
| Accountability | Cleverness | Durability |
| Accuracy | Coherence | Dynamism |
| Achievement | Comfort | Economy |
| Adaptability | Commitment | Education |
| Admiration | Common sense | Efficiency |
| Adventure | Communication | Elegance |
| Agility | Community | Embrace |
| Alertness | Compassion | Emotional Intelligence |
| Altruism | Competence | Empathy |
| Ambition | Concentration | Empowerment |
| Appreciation | Confidence | Endurance |
| Apprenticeship | Connection | Energy |
| Art | Conscious | Enoyment |
| Assertiveness | Consistency | Entertainment |
| Assurance | Contentment | Enthusiasm |
| Attention | Contribution | Environmental awareness |
| Authenticity | Cooperation | Equality |
| Autonomy | Courage | Ethic |
| Awareness | Courtesy | Evolution |
| Balance | Creativity | Excellence |
| Beatitude | Credibility | Excitement |
| Beauty | Curiosity | Experience |
| Boldness | Daring | Exploration |
| Bravery | Decisiveness | Expressiveness |
| Brilliance | Dedication | Extroversion |
| Calmness | Delight | Fairness |
| Capability | Dependability | Faith |
| Care | Detachment | Family |
| Carefulness | Determination | Fame |
| Certainty | Development | Fantasy |
| Challenge | Devotion | Fearlessness |
| Change | Dignity | Fidelity |
| Charity | Discipline | Focus |

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|-----------------|---------------|------------------|
| Following | Inspiration | Patience |
| Forgiveness | Integrity | Peace |
| Fortitude | Intelligence | Perfection |
| Freedom | Intensity | Performance |
| Friendship | Intention | Persistence |
| Fun | Introversion | Playfulness |
| Gathering | Intuition | Pleasure |
| Generosity | Inventiveness | Positivity |
| Giving | Joy | Power |
| Goodness | Justice | Preparation |
| Gentle | Kindness | Presence |
| Grace | Knowledge | Productivity |
| Gratefulness | Laughter | Professionalism |
| Gratitude | Lawfulness | Prosperity |
| Greatness | Leadership | Purity |
| Growth | Learning | Quality |
| Guidance | Liability | Realism |
| Happiness | Liberty | Receptivity |
| Harmony | Logic | Recognition |
| Health | Loneliness | Recreation |
| Honesty | Longevity | Reflection |
| Honor | Love | Reliability |
| Hope | Loyalty | Religiousness |
| Humility | Mastery | Repentance |
| Humor | Maturity | Reputation |
| Imagination | Metriopathy | Researchability |
| Impact | Miracle | Respect |
| Importance | Moderation | Responsibility |
| Improvement | Motivation | Rest |
| Independence | Observation | Restraint |
| Influence | Offering | Results-oriented |
| Innocence | Openness | Rigor |
| Innovation | Optimism | Risk |
| Inquisitiveness | Originality | Sacrifice |
| Insight | Passion | Satisfaction |
| | | Security |
| | | Self-awareness |
| | | Self-control |
| | | Self-discipline |
| | | Self-esteem |
| | | Self-improvement |
| | | Self-realisation |
| | | Self-reliance |
| | | Self-respect |

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|----------------|----------------|---------------|
| Self-knowledge | Stochasticity | Trust |
| Sensitivity | Strength | Truth |
| Sensuality | Success | Understanding |
| Serenity | Support | Uniqueness |
| Service | Surprise | Unity |
| Sexuality | Sustainability | Valor |
| Sharing | Talent | Victory |
| Significance | Teamwork | Vigilance |
| Silence | Temperance | Vigour |
| Simplicity | Thankfulness | Virtue |
| Sincerity | Thoroughness | Vision |
| Skillfulness | Thoughtfulness | Vitality |
| Smart | Timelessness | Volunteering |
| Sociality | Timeliness | Weakness |
| Solidarity | Tolerance | Wealth |
| Solitude | Tranquility | Welfare |
| Speed | Transparency | Wellness |
| Spirituality | | Will |
| Splendour | | Wisdom |
| Spontaneity | | Wonder |
| Stability | | Observance |